

Heartland USA Elementary National Duals 2010

Fremont, NE., April 9th, 10th and 11th

Must qualify for the Nebraska USA dual team at the USA folk style State Tournament in Grand Island on March 20th, 2010.

We will be taking up to 3 teams this year. We are going to Fremont, Nebraska. Nebraska USA is hosting this tournament and its great to have it right here in our own state. The weight classes for the 1st, 2nd, 3rd, 4th, 5th and 6th grade at USA State are the same as the Heartland USA Elementary National dual weights, except for the fact that the lowest weight for Elementary Nationals is 50 lbs. The dual team is for 1st, 2nd, 3rd, 4th, 5th and 6th graders. You can not be 14 years old. The lowest weight class this year is 50 lbs.

There will be a Gold (1st team), Red (2nd team) and Blue (3rd team).

If you want to be on the Nebraska USA Elementary dual team, you must be at the Nebraska USA state tournament and place 1st, 2nd or 3rd in your weight class for the 5th and 6th grade division or 1st or 2nd in the 3rd and 4th grade division or 1st place in the 1st and 2nd grade division. There will be some wrestle offs in the lower weight classes (60, 65, 70, 75, and 80) to give the champions and runners-up in the 3rd and 4th grade a chance to make one of the three dual teams. There will only be a maximum of two wrestle-offs per 1st, 2nd, 3rd and 4th grade champion, so chose your opponent wisely when trying to make the teams. The runner-ups of the 3rd and 4th grade division get one opportunity to wrestle-off against one of the top 3 from the 5th and 6th grade division. The champion in the 1st and 2nd grade division will have the opportunity to challenge for the 50, 55, and 60 pound weight classes (maximum 2 challenges). These additional wrestle offs will be at the discretion of the Nebraska USA Directors. Once the wrestle-off has been approved, the champion in the 1st, 2nd, 3rd and 4th grade division will challenge one of the three place winners of the 3rd, 4th, 5th and 6th grade division. If the 1st, 2nd, 3rd and 4th grade champion loses, he or she will have one more wrestle-off that he or she can challenge. If the wrestler wins, the defeated wrestler drops down to the next dual team and so on. For example: If a champion in the 3rd and 4th grade division wrestles off against the champion in the 5th and 6th grade division and wins, he now has the number 1 spot on the first team. The champion, of the 5th and 6th grade division, that lost goes to 2nd team and the previous 2nd team member goes to 3rd team and the previous 3rd team member is no longer on one of the dual teams. Especially in the lower weight classes there is a possibility of a shortage of wrestlers (50, 55). If so, the order of placing from the 1st and 2nd grade division will have an opportunity to be on one of the dual teams. If a wrestler has qualified for the dual team and isn't able to attend, then all the wrestlers underneath move up one spot for the higher dual team. For example: a wrestler in the 5th and 6th grade division takes 2nd place at their weight class and isn't able to be on the dual team. Then, the 3rd place wrestler moves up to 2nd team spot and 4th place wrestler moves up to 3rd team spot. This would also be the same for the 1st, 2nd, 3rd and 4th grade divisions.

The cost per wrestler is \$160. This includes: entry fee, national team t-shirt, national team shorts, national team singlet and national team jacket. You get to keep the entire clothing package including the warm-up jackets. All wrestlers should bring some additional cash to buy snacks or event t-shirts if they choose. All wrestlers will be responsible for lodging and meals. We do require payment by check to be given at the State Tournament. Please come prepared. The check is to be made out to Nebraska USA Wrestling. We are also looking for donations, so if you can do your part in your area of the State, it would be appreciated.

The weight classes are as follows: **50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, and 140**

The Heartland USA Elementary National Duals is on April 9th, 10th and 11th. It will be held at Midland Lutheran College in Fremont, Nebraska. There are several Hotels in the area. We stayed at the Holiday Inn Express last year and that's where I'm booking my room.

Good luck and see you at State on March 19th and 20th in Grand Island.

Sincerely,

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